Programme as at 16 October 2026



THU 15 Oct 2026

Time	Grand Ballroom 1	Canary Room	Oriole Room	Pelican Room
08:00-17:00	**REGISTRATION**			
08:30-10:30	**OPENING CEREMONY** Master-of-Ceremonies Cassie Yang | Louise Lo 08:30-08:35 **Welcome Address** - Joyce Koh, President of Singapore Orthopaedic Association 08:35 -09:00 **Opening Address** **Guest-of-Honour Prof Tan Chorh Chuan** Citation Joseph Thambiah 09:00-09:45 **Singapore Orthopaedic Association Lecture "Curiosity has Its Own Reason for Existing"** - Simon Lambert, UK Citation William Xia 09:45-10:30 **N Balachandran Professorship Lecture "Indication and Innovation of Pelvic Osteotomy for Residual Acetabular Dysplasia in DDH ".** - Makoto Kamegaya, Japan Citation James Hui			
10:30-11:00	Morning Break			
11:00-12:30	**SYM 1 The Cutting Edge: Evolving Concepts in Upper Limb Trauma** Moderators Bryan Tan, Singapore | Thomas Kuo, Singapore 11:00-11:15 Changing the Paradigm: How One can Successfully Fix the Clavicle - Martin Jaeger, Germany 11:15-1130 The Rising Tide: Solving Periprosthetic and Peri-implant Fractures in the Upper Extremity - Simon Lambert, UK 1130-1145 Beyond the Blade - Advanced Management of Scapular, Shoulder Girdle and Chest Wall Trauma - Peter Cole, USA 1145-1200 Surface Finish-electropolishing of VOLT Plates: Implications in the Upper Extremity - Geoff Richards, Switzerland 1200-1230 Q & A	**SYM 2 Perspectives in Complex Hip Arthroplasty** Moderators Zhang Xian Long, China | Kelvin Tan, Singapore 1100-1110 Welcome Speech – Darren Tay, Chair of SOA-Singapore Arthroplasty Society 1110-1122 Managing Severe Acetabular Bone Loss at THA – Lewis Chan, Hong Kong 1122-1134 Managing Complex Primary and Revision Arthroplasty (without robotics) The Philippines Experience - Marcelino Cadag, Philippines 1134-1146 Management of Complex THR: How Can Robotic-assisted Techniques be Helpful? – Zhang Zi An, China 1146-1230 Discussion - Complex Primary, Revision and Hip Arthroplasty Across Different Practice Settings	**SYM 3 Sports / Paediatrics** Moderators Keith Wan, Hong Kong | Dave Lee, Singapore | James Hui, Singapore 1100-1110 All-Arthroscopic Medial Patellofemoral Ligament Reconstruction – Wang Jianquan, China 1110-1120 ACL Deficiency and Meniscal Injury - Dave Lee, Singapore 1120-1130 A Quantitative Fatty Infiltration Evaluation of the Supraspinatus Muscle: Enhanced Clinical Relevance and Improved Diagnostic Value on Predicting Retear Compared with the Goutallier Classification – Jiang Chunyan, China 1130-1140 Meniscal Root Injury: to Operate or Not to Operate? - Timothy Teo, Singapore	**SYM 4 Research and Innovation** Moderators Ismail Hadisoebroto, Indonesia | Kizher Shajahan, Singapore 1100-1115 Organising and Execution of a Multi-center Clinical Study – Shi Zhongmin, China 1115-1130 Redefining Orthopaedic Research in the Era of Regeneration, Technology and AI – Kamarul Zaman, Malaysia 1130-1145 Best Clinical Practice in Stem Cell Application – Ismail Hadisoebroto, Indonesia

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			1140-1150 Slope-reducing Anterior Closing Wedge (ACW)-high Tibial Osteotomy in ACL Reconstruction – Zhang Hui, China 1150-1200 Chondral Lesion in Patellofemoral Conditions – James Hui, Singapore 1200-1210 Short-Term Complications of Arthroscopic Bristow or Latarjet Procedure with Screw Versus Suture-button Fixation – Shao Zhenxing, China 1210-1230 Q & A	1145-1200 Regenerative Orthopaedics in Indonesia: From BiologicalInnovation to Responsible Clinical Translation – Bintang Soetjahjo, Indonesia 1200-1230 Discussion
12:30-13:00 13:00-13:30	**INDUSTRY LUNCH SYM 1 DEPUY SYNTHES** **Shaping Stability: The Evolution of Proximal Humerus Plate Design** Moderator Bryan Tan, Singapore 1230-1235 Welcome Speech – Bryan Tan 1235-1255 The Evolution from PHILOS to VOLT Proximal Humerus Plate: Adaptations for Global Clinical Needs - Simon Lambert, UK 1255-1315 Illustrative Cases - Martin Jaeger, Germany 1315-1325 Q & A 1325-1330 Closing - Bryan Tan	**INDUSTRY LUNCH SYM 2 PLATINUM MEDICAL** 1230-1245 Beyond the Incision: Optimizing Wound Care After Hip and Knee Surgery – Harish Sivasubramanian, Singapore 1245-1300 Q & A **INDUSTRY LUNCH SYMP 4 MIRACO NUTRIPHARM** **From Evidence to Practice: Ginflex® for Musculoskeletal Pain Relief and Chondroptection** Panelists Singapore – Alex Teo | Bryon Teo | Daniel Hap	**INDUSTRY LUNCH SYMP 3 QUANTUM TX** **Quantum Leap in Innovations - Perspectives from Clinicians and Scientists** Moderator Ivan Goh (CEO of QuantumTX) Panelists Tay Boon Keng, Singapore Alfredo Franco-Obregón, NUS Singapore **INDUSTRY LUNCH SYM 5 ENDOCARE & HIGHRIDGE** Speaker Reuben Soh, Singapore 1300-1315 Introduction, Indications and Contraindications for VBT 1315-1320 Case Sharing 1320-1330 Discussion	**APORS ExCo Meeting**

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13:30-15:00	**SYM 5 The Shoulder Trauma Master Class: Nuances, Debate and Biological Fixation** Moderators Andy Wee, Singapore | William Xia, Singapore 1330-1350 The Unstable Shoulder Girdle: Current Controversies in the Lateral Clavicle & ACJ Reconstruction - Martin Jaeger, Germany 1350-1410 The Reconstructive Crossroads: Fixation vs Replacement for the 4-part Proximal Humerus - Simon Lambert, UK 1410-1430 Minimally Invasive Humerus Fixation: Technical Pearls to Protect the Biology - Jae Woo Cho, Korea 1430-1450 My Journey in Brachial Plexus Surgery - The Procedures of Nerve, Muscle, and Nerve Tissue Engineering - Heri Suroto, Indonesia 1450-1500 Q & A	**SYM 6 Robotic Platforms, Planning and Clinical Applications** Moderators Zhang Hai Ning, China | Glen Liau, Singapore 1330-1340 Roles of Robotics in PKA – Lynn Thwin, Singapore 1340-1350 What Are the Real Limitations of Current Robotic Platforms? – Daniel Hap, Singapore 1350-1402 Transitioning to Analytical TKA: The 'Why' and the 'How' – From Empirical to Analytical – Zhou Yi Xin, China 1402-1412 Robotics in Patellofemoral Replacement – Melvin Tan, Singapore 1412-1422 Robotics in Complex Hip Scenarios – Kelvin Tan, Singapore 1422-1432 3D Printing in Arthroplasty – Melvin Tan, Singapore 1432-1500 Discussion - Platforms, Planning, Safety, Complex Hip Applications and 3D Printing in Arthroplasty	**SYM 7 Deformity Session** Moderators Gabriel Liu, Singapore | Reuben Soh Singapore 1330-1340 Adolescent Scoliosis: Association of Lung Function with Intrathoracic Arterial, Bronchial and Cardiac Structures - Marinus de Kleuver, Netherlands 1340-1350 How to Restore Thoracic Kyphosis in AIS – Zheng Zhaomin, China 1350-1400 Surgical Experience and Recent Advances in the Treatment of DMD Scoliosis - Hak Sun Kim, Korea 1400-1410 Staying Ahead of the Curve: Surgical Strategies in Scoliosis Across Ages - Alex Teo, Singapore 1410-1420 The Role of Rehabilitation in Spine Deformities: from the Evidence to the Patient - Sabrina Donzelli, Italy 1420-1430 Making AIS Physiotherapy Work in Real Life; Protocols and Lessons Learnt - June Quek, Singapore 1430-1500 Q & A	**SYM 8 Singapore Limb Reconstruction Society** Moderators Daniel Seng, Singapore | Rex Premchand, Singapore 1330-1345 Paediatric Upper Limb Post-traumatic Deformities and Lengthening – Lam Kai Yet, Singapore 1345-1355 Adult Post-traumatic Elbow And Forearm Deformities – Rex Premchand, Singapore 1355-1410 Post-traumatic Deformities Around the Knee – Chen Yongsheng, Singapore 1410-1425 Post-traumatic Tibial Deformities Correction – Daniel Seng, Singapore 1425-1435 Post-traumatic Deformities Around the Ankle and Foot – When Do I Use Frames for Correction? – Muhd Farhan, Singapore 1435-1455 Fully Internal Limb Lengthening Options: Progress So Far and Future Directions – Sarbjit Singh, Singapore 1455-1500 Q & A

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15:00-15:30	**INDUSTRY TEA SYM 6 STRYKER** 1500-1515 Pushing the Boundaries of Knee Preservation: Challenging Mako PKA Case Discussions – Colin Wang, Singapore 1515-1530 Navigating Complexity with Confidence: Lessons From Mako TKA Cases – Kelvin Tan, Singapore	**INDUSTRY TEA SYM 7** **HANGZHOU JIANJIA MEDICAL** **From Clinical Practice to Clinical Research: Reflections on Robot-assisted Joint Replacement Surgery** Moderator Zhang Xian Long, China Speakers Yang Pei, China | Zhang Huan-Tian, China	**INDUSTRY TEA SYM 8 EPLUS HEALTHCARE** **The Endoscopic Edge: From Learning Curve to Efficiency** Moderator Zheng Zhaomin, China 1500-1515 Mounting the Learning Curve of Endoscopic Biportal Surgery – Ou Yang Youheng, Singapore 1515-1530 Efficiency in Biportal Endoscopic Decompressive Surgery – Dennis Hey, Singapore	
15:30-16:30	**SYM 9 Musculoskeletal and Implant Related Infections (SOA-APORS)** *15:30-17:00* Moderators Joyce Koh, Singapore | Lo Ngai Nung, Singapore 1530-1535 Introduction to Geoff Richards, Switzerland Tunku Kamarul Zaman, Malaysia 1535-1550 Plenary: Advancing Local Antibiotic Delivery for Fracture-related Infections - Geoff Richards, Switzerland 1550-1605 Microbial Management – Benjamin Cherng, Singapore 1605-1620 Infected Non-union - Dhaval Desai, India 1620-1630 Discussion 1630-1645 Revision for Periprosthetic Joint Infection (PJI) – The "Stage 1.5" Concept and Asian - Specific Considerations - Audrey Han, Singapore 1645-1700 Discussion	**SYM 10 Complex Knee Arthroplasty: Stiffness, Fracture and Revision** Moderators Zhou Yi Xin, China | Raghuraman Raghavan, Singapore 1530-1542 Robotic-assisted Management of the Stiff Knee: Strategies, Pitfalls and Outcomes – Zhang Hai Ning, China 1542-1552 Periprosthetic Fracture Management – Michael Yam, Singapore 1552-1602 Robotics in Conversion and Revision TKR – Colin Wang, Singapore 1602-1612 Managing Pin Sites and Complications in Robotic Knee Arthroplasty – Glen Liau, Singapore 1612-1630 Discussion - Stiff Knees, Periprosthetic Fractures, Conversion and Revision TKR, and Pin Site Complications	**SYM 11 Emerging Trends in Spine Surgery, SSS Young Surgeons** Moderators Ng Yeong Huei, Singapore | Jacob Oh, Singapore 1530-1540 Anterior/lateral Approach to the Lumbar Spine for Revision and Deformity Surgery – Christian Heng, Singapore 1540-1550 Endoscopic Spine Surgery: Evolution, Current Practice, and Future Trends - Tamara Soh, Singapore 1550-1600 The Collapsing Spine: Between Restoration and Restraint – Joshua Decruz, Singapore 1600-1610 Embracing the Era of Intelligence: The Present and Future of Robot-assisted Spine Surgery – Fan Ming Xing, China 1610-1630 Q & A	**FREE PAPER 1 Trauma** Moderator Bryan Tan, Singapore | Chen Yongsheng, Singapore
16:30-17:30	**SOA-SAS Exco Meeting** *17:00-17:30*	**FREE PAPER 2 Arthroplasty** Moderators Joseph Kang, Singapore | Gerrad Gan, Singapore	**FREE PAPER 3 Spine** Moderators Ang Chay You, Singapore | Jonathan Tan, Singapore	**FREE PAPER 4 Trauma** Moderators Michael Yam, Singapore | Rex Premchand, Singapore
19:00-21:30	**PRESIDENTIAL DINNER** The Empress Restaurant @Asian Civilisations Museum *(by invitation)*			

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06:30-07:30	**Morning Run** (Copthorne Hotel -Merlion Park-Copthorne Hotel)			
07:30-17:00	Registration			
08:00-08:30		**FREE PAPER 5 Basic Science & Quality Improvement** Moderators Shi Zhongmin, China | Timothy Cheng, Malaysia | Lissa Joseph, Singapore		
08:30-09:30	**P Balasubramaniam Young Orthopaedic Investigator Award** Moderator Woo Yew Lok, Singapore Judges Dhaval Desai, India | Tunku Kamarul Zaman, Malaysia | Geoff Richards, Switzerland | Harry Hoyen, USA 0830-0845 ID116 The Trans-tibial Plateau Axis: A Reproducible and Concordant Landmark for Tibial Rotation Assessment in Total Knee Arthroplasty - Wong Soon Yaw Walter, Singapore 0845-0900 ID40 From Innovation to Implementation: A Cost-effectiveness Analysis of Artificial Intelligence - Enhanced Cobb Angle Measurement in Adolescent Idiopathic Scoliosis - Foo Yong Xiang Wayne, Singapore 0900-0915 ID69 LUCID-Fix: Novel Preoperative Planning Surface-marking-assisted Minimally Invasive Fixation of Intertrochanteric Hip Fractures Reduces Operative Time, Intraoperative Fluoroscopic Images and Blood Loss – Shao-Rong Pang Alexander, Singapore 0915-0930 ID187 Re-engineering Titanium Spinal Implants: From Tunable Mechanics to Improved Imaging Properties for a Novel Titanium Spinal Rods - Hui Si Jian, Singapore			
09:30-10:30	**DONALD GUNN LECTURE** **Evolution of Elbow Replacement Surgery in Singapore - A Journey Through 30 Years** - Brian Lee, Singapore Citation Li Yung Hua, Singapore			
10:30-11:00	Morning Break			
11:00-12:30	**SYM 12 Complex Knee Reconstruction and New Techniques** Moderators Melvin Tan, Singapore | Yeo Seng Jin, Singapore 1100-1110 Robotics for Post-traumatic OA and Extra-articular Deformity (EAD) – Tan Tong Leng, Singapore 1110-1120 Robotics for Periarticular Fractures of the Knee – Remesh Kunnasegaran, Singapore 1120-1130 Managing Patellofemoral Joint Complications in Total Knee Arthroplasty – Amritpal Singh, Singapore	**SYM 13 The Elbow and Beyond: Evolving Challenges and Novel Solutions** Moderators Chin Kuen Foo, Singapore | Puah Ken Lee, Singapore 1100-1115 The Nightmare Elbow: Navigating Complex Fracture - Dislocations and Instability – Christian Fang, Hong Kong 1115-1130 Reconstructing the Forearm Axis: Managing Complex Both - Bone Fractures – Jae Woo Cho, Korea 1130-1145 Infection in the Hand and Wrist – Could We be Facing a Periprosthetic Infection Endemic? – Ryan Trickett, UK	**SYM 14 Spine Osteoporosis** Moderators Dinesh Kumar, Singapore | Ou Yang Youheng, Singapore 1100-1115 What is the Role of Pure Pharmacological Treatment of Osteoporotic Vertebral Fractures? - Chi Chien Niu, Taiwan 1115-1130 Vertebral FLS: A Targeted Approach to Secondary Fracture Prevention - Sabarul Mokhtar, Malaysia 1130-1145 Instrumentation in the Osteoporotic Spine: What to Consider? – Bimal Pandey, Nepal	**FREE PAPER 6 Arthroplasty** Moderators Joseph Kang, Singapore | Jason Lim, Singapore

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	1130-1142 AI & 3D Printing Applications in Arthroplasty – Peng Xiao Chun, China 1142-1200 Discussion - Post-traumatic OA, Extra-articular Deformity, Periarticular Fractures, Patellofemoral Complications, AI and 3D Printing	1145-1200 Neuromuscular Conditions of the Upper Extremity - Lam Wee Leon, Singapore 1200-1210 Epineurial Substitution and Sutureless Repair for Upper Extremity Nerve Injuries – Harry Hoyen, USA 1210-1230 Q & A	1145-1200 Complex Osteoporotic Fractures: What is the Best Practice (case presentation and discussion) – Dalun Leong, Singapore 1200-1230 Q & A	
12:30-13:00 13:00-13:30	**INDUSTRY LUNCH SYM 9 ZIMMER BIOMET** **Personalised Alignment with ROSA OptimiZe: Real-World Experience** *OBJECTIVES: Understand how ROSA OptimiZe supports each surgeon's preferred alignment philosophy. Learn from surgeons' real-world experience across different alignment philosophies and robotic workflows. Recognise common intra-operative technical challenges with ROSA and how to address them from the surgeon's perspective* Moderator Remesh Kunnasegaran, Singapore 1230-1233 Welcome & Introduction – Remesh Kunnasegaran 1233-1243 Personalising Within Mechanical Boundaries – Remesh Kunnasegaran 1243-1253 Kinematic Alignment Without Compromise – Harish Sivasubramanian, Singapore 1253-1308 Coming to OptimiZe from an Alternative Robotic Workflow – Darren Tay, Singapore 1308-1315 Live Demonstration – KA Planning on OptimiZe – Harish Sivasubramanian 1315-1324 Live Troubleshooting – Handling the Error – Darren Tay (demonstrator) Remesh Kunnasegaran (commentary) 1324-1330 Q & A	**INDUSTRY LUNCH SYM 10 DTG** **Shoulder Arthroplasty - Choosing the Right Solution for the Right Patient** 1230-1235 Opening & Introduction - Bryan Tan, Singapore 1235-1255: Presentation and Case Studies – Simon Lambert, UK 1255-1300 Q & A **LUNCH SYM 12 AMGEN** **Osteoporosis Management in Fracture Patients** Speaker Alvin Ng, Singapore	**LUNCH SYM 11 TINAVI** Moderators Zhang Xian Long, China | Reuben Soh, Singapore | Eric Liu, Singapore 1300-1315 Analytical Uni-Condylar Arthroplasty - Zhou Yixin, China 1315-1330 The Precision Revolution: From Freehand to Robotics – Fan Mingxing, China	

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13:30-15:00	**SYM 15 AO Trauma Symposium (Combined Lower and Upper extremities)** Moderators Rui Biyu, China | Kumaran Rasappan, Singapore 1330-1345 Fragility fractures of the Pelvis – Woo Yew Lok, Singapore 1345-1405 Sharing of Difficult Case – Woo Yew Lok, Singapore 1405-1420 Hyper Extension Tibial Plateau Fracture – Luo Cong Feng, China 1420-1445 Sharing of the Difficult Case – Luo Cong Feng, China 1445-1500 New Algorithm for Early Management of Knee Dislocations – Luo Cong Feng, China	**SYM 16 Multidisciplinary Osteoporosis 1** Moderator Derek Choong, Singapore 1330-1350 Osteoporosis Diagnosis and Management: Update of the 2025 ACE Guidelines – Chew Chee Kian, Singapore 1350-1405 Dental Clearance for Osteoporosis – Shenna Ho, Singapore 1405-1415 Hip Fracture Care in Thailand – Direk Tantigate, Thailand 1415-1425 Osteoporosis MX in India – Anup Agarwal, India 1425-1435 Ramblings on Atypical Femur Fractures – Howe Tet Sen, Singapore Panelists Singapore - Alvin Ng | Angela Frances Yap Ivan Chua 1435-1455 Discussion 1455-1500 Wrap up - Derek Choong	**SYM 17 Complex Arthroplasty Cases: Expert Panel Discussion** Moderators Darren Tay, Singapore | Eric Liu, Singapore Panelists China - Zhou Yi Xin | Zhang Xian Long | Peng Xiao Chun Philippines - Marcelino Cadag Singapore – Kelvin Tan | Lai Choon Hin Lo Ngai Nung | Remesh Kunnasegaran Yeo Seng Jin 1445-1500 Case-based Discussion of Complex Primary and Revision Hip and Knee Arthroplasty	**FREE PAPER 7 Spine** Moderators Tan Jun Hao, Singapore | Christian Heng, Singapore
15:00-15:30	Afternoon Break		**TEA INDUSTRY SYM 13 STRYKER** *15:00-16:00* Moderator Joel Lim, Singapore 1500-1515 Mako TKA: Technology, Technique and Value in Contemporary Practice – Zhang Xian Long, China 1515-1535 Advancing Hip Surgery with Mako THA 5.0 – Lewis Chan, Hong Kong 1535-1550 The Value of Robotic UKA: Clinical Insights and Case Discussion – Darren Tay, Singapore 1550-1600 Q & A	Afternoon Break

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15:30-16:30	**SYM 18 AO Trauma Symposium (Combined Lower and Upper extremities)** Moderators Rui Biyu, China | Kumaran Rasappan, Singapore **Sharing of Nightmare Case** 1530-1550 Christian Fang, Hong Kong 1550-1610 Jae Woo Cho, Korea 1610-1620 Rex Premchand, Singapore 1620-1630 Kumaran Rasappan, Singapore (on behalf of Andy Yeo)	**SYM 19 Multidisciplinary Osteoporosis 2** Moderator Angela Frances Yap, Singapore 1530-1545 Role of Ortho Geriatricians in Value-based Care for Hip Fracture Patients – Angela Frances Yap, Singapore 1545-1600 Peri-operative and Pain Management of Hip Fracture Patients – Lim Zhen Wei, Singapore 1600-1615 FLS in Singapore – Ivan Chua, Singapore 1615-1630 Panel discussion/Wrap-up		**FREE PAPER 8 Sports** Moderators Cheow Xunqi, Singapore | Ian Dominic, Singapore
16:30-17:30	**FREE PAPER 9 Arthroplasty** Moderators Joseph Kang, Singapore | Kong Chee Hoe, Singapore	**FREE PAPER 10 Paediatrics** Moderator Rishi Malhotra, Singapore	**FREE PAPER 11 Foot & Ankle** Moderators Charles Kon, Singapore | Toh Rui Xiang, Singapore	**FREE PAPER 12 General** Moderators Cheow Xunqi, Singapore | Kizher Shajahan, Singapore
19:00-21:30	**SOA Gala Dinner -** Ballroom 1, Grand Copthorne Waterfront Hotel			

SAT 17 Oct 2026

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08:00-08:30		**BREAKFAST INDUSTRY SYM 14 INDOLA PHARMA LINK** **Women in Orthopaedics: Different Paths, Shared Purpose** Moderator: Suraya Zainul Abidin, Singapore 0805-0810 Singapore's Women in Orthopaedics Panelists: Singapore - Audrey Tan | Siti Mastura Rahim | Tan Sok Chuen 0810-0830 Panel Discussion	
08:30-10:00	**SYM 19 Ortho MME I** SYNOPSIS: Using Singapore disciplinary and court decisions, this session examines the professional duties attaching to the medical reports, certificates, third-party assessments and expert opinions that orthopaedic surgeons sign, as well as the failure modes that attract scrutiny. Moderators: Charles Lin, Singapore | Jonathan Choo, Singapore 0830–0835 Welcome and Opening - Goh Seo Kiat, Singapore 0835-0905 Beyond the Consent Form: Material Risks, Patient Autonomy, and Legal Standards in Surgery – Robert Yap, Singapore 0905-0915 Case Quiz & Discussion 0915-0945 The Orthopaedic Surgeon Beyond the Operating Theatre: Medical Reports, Expert Witnesses and Professional Duties - Goh Seo Kiat, Singapore 0945-0955 Case Quiz & Discussion	**SYM 20 Nursing I Embracing Innovation: From Evidence to Real - World Impact** Moderator: Sangeetha d/o Krishnan, SGH Master-of-Ceremonies: Edwin Swee, SGH 0830-0840 Welcome & Opening Speech - Shirlena Wong, SGH 0840-0850 One Operation, One Team: Collaboration and Innovation in Orthopaedic Surgery - He Yingke, SGH 0850-0900 Integrating Virtual Rehabilitation in Orthopaedic Care – Tan Hong Han, SGH 0900-0910 Balancing Pain Control & Safety: Opioid Stewardship after ACL Reconstruction - Mini Abraham, KKH 0910-0920 Simulation to Embed Stroke Activation Practice: A Nursing Perspective – Tan Soak Buay, WH 0920-0930 A Way to Enhance Junior Nurses' Confidence in Scrubbing for Total Knee Replacement through Enhanced Debrief Model - Danica Tan, SKH 0930-0940 Optimisation in Adult Reconstruction Care: The APN Perspective - Xu Shuhui, KTPH 0940-1000 Q & A	**SYM 21** Moderator: Wong Khai Cheong, Singapore **Part 1 Career Pathways & Crossroads** 0830-0838 Fellowship – Do You Really Need One? – Lim Yee Gen, SGH 0838-0846 Fellowship – Planning for HMDP - Joel Lim, SKH 0846-0854 How to Tackle USMLE and Whether It Makes Sense for You? - Merrill Lee, SGH Panelists: Singapore - James Hui | Puah Ken Lee | Wong Merng Koon 0855-0935 Panel Discussion – Career Reality Check (Public vs Private vs Alternative Paths) **Part 2 Residency Challenge** 0935-1000 Inter-cluster Competition
10:00-10:30	Morning Break		

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10:30-12:00	**SYM 22 Ortho MME II** **Combined Panel Q&A and Wrap-up** Moderator Charles Lin, Singapore | Jonathan Choo, Singapore Panelists Goh Seo Kiat, Singapore Robert Yap, Singapore	**SYM 23 Nursing II Empowering Nurses as Innovators: Building Capability, Confidence & A Culture of Innovation** Moderator Sangeetha d/o Krishnan, SGH Master-of-Ceremonies Marhani Bte Hamid, SGH 1030-1045 Elevating Care: Advancing Practice Through Nurse-Led Multidisciplinary Collaboration - Foong Li Li, NUH 1045-1100 Transforming Clinical Process Through Quality Innovation – Nurzalifa Binte Zulkifi, NUH 1100-1115 Robotics & Navigation in Orthopaedic Surgery: Implications for OT Nursing – Yuki Wui, SGH 1115-1130 Transverse Tibial Transport Management – Muhammad Syafiq, NTFGH 1130-1145 Hip Fracture Case Management: A Nurse-Led Approach to Coordinated Care and Optimal Patient Outcome – Aw Yang Wan Sim, CGH 1145-1200 Q & A	**SYM 24** Moderator Wong Khai Cheong, Singapore **Part 1 Surviving Residency** 1030-1040 Financial Planning / Financial Literacy – Thomas Chevrier, NUS 1040-1050 Property Decisions Early in Career - Vanessa Poo Jill, Homeground Realty 1050-1100 Health, Fitness and Avoiding Burnout During Residency – Siti Mastura Rahim, CGH **Part 2 Progression Through Training** 1100-1110 Transition from Senior Resident → Associate Consultant – Liang Zhen Chang, NUHS 1110-1120 FRCS Tips and Tricks - Sharon Tan / Mok Ying Ren, NUHS **Part 3 Future – Ready Orthopaedics** 1120-1130 Harnessing Artificial Intelligence as an Orthopaedic Surgery Resident – Glen Liau, NUHS 1130-1140 Basics of 3D Printing in Orthopaedics - Christian Fang, Hong Kong 1140-1150 Getting Started in Innovation - Michael Yam, TTSH | Abel Teo, Castomize 1150-1200 Q & A
12:00-13:00	Lunch		
13:00-14:30			**SOA 59th Annual General Meeting**